



Happy Happiness Days!

I hope you have a wonderful time with your children and family over the next week. Regardless of what traditions you celebrate, or don't celebrate, this is often a time when we are able to spend time with each other and hopefully we can use this time to appreciate each other and that which we are fortunate enough to have as part of our lives. I also hope you count the Lyme School as one of those things.



PLEASE JOIN US FOR A HOLIDAY LUNCH

Tuesday, December 20th
11:50 -12:30 Lyme School Cafeteria

Cost : \$3.50 (additional donations will also be accepted to support our Local Farm to School project)

- Locally Sourced Roasted Turkey
- Homemade Cornbread/Local Apple/Maple Sausage Stuffing
- Green Beans au Gratin
- (Locally Sourced) Mashed Potatoes
- Homemade Gravy
- Homemade Cranberry/Orange Compote
- Mulled NH Apple Cider
- Fresh Fruit

Please RSVP by Monday, December 19th to:

lreed@Lymeschool.org



BeWell.

Turkey is our food of the Month!
Did you know...

- 1 Turkeys are related to T. Rex and Raptors! They walk the same (kinda)!
- 2 Wild Turkeys can fly up to 55 mph, which is twice as fast as you can drive through Lyme.
- 3 Turkey meat contains tryptophan, which can make you sleepy after eating:)
- 4 Benjamin Franklin was a big turkey fan. If he had it his way, the turkey, and not the bald eagle, would be our National Bird.

INK Spot Imagination and Knowledge



The Fourth Grade took inspiration from Robert Frost's, *A Road Not Taken*. Alecja's was one of the paintings that brightened the hallway and people's spirits.



Jasper's Gingerbread house!
(grade 1)

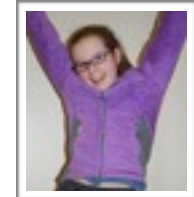


Mark your Calendars:

Lyme School

Winter Concert

THURSDAY, JANUARY 19 6PM





FREE: Junior Squash Clinic Open to any and all 6-17 years olds!

Are you interested in your child playing squash? Or interested in them learning more about squash? **Did you know squash was voted the world's healthiest sport by Forbes?**

Try our **FREE** Junior Squash Clinic for any and all 6-17 year olds @ the Dartmouth Squash courts on **Monday January 9 and/or Wednesday January 11 from 6-7.30pm.**

We will be offering a regular clinic beginning Monday January 16 running through to Wednesday March 8.

All required equipment except indoor shoes is provided.

Please e-mail theo.h.woodward@dartmouth.edu if you would like to register your child/children.

Theo Woodward
Assistant Squash Coach
Dartmouth College
6083 Alumni Gym
Hanover, NH 03755
Tel. [603-646-0942](tel:603-646-0942)


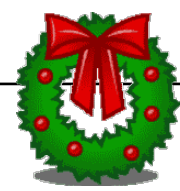

HAVE A SAFE AND HAPPY HOLIDAY BREAK

Menus

Week of 12/19 to 12/21 • Week of 1/3 to 1/6

Al a carte Fruit and Milk are available everyday



Monday	HOT LUNCH: Local BeefTacos Taco Bar, Fresh Salsa Red Beans & Rice Red Grapes Juice  Option: BYO Salad	NO SCHOOL <i>Happy New Year!</i>
Tuesday	HOT LUNCH: Turkey Dinner with all the Traditional Sides Dinner roll Fruit, Juice Option: BYO Salad	HOT LUNCH: Baked Chicken Fritters Baked Potato Sweet Corn Fruit or Juice Option: Egg Salad on WG Bread
Wednesday	HOT LUNCH: Pizza Day Salad Bar Veggie Chips Echo Farm Pudding Juice Option: Egg SaladSandwich	HOT LUNCH: Cheese or Chef's Choice Pizza Salad Bar Veggie Chips 100% Fruit Juice or Fresh Fruit Option: Ham & Cheese on WG Bread
Thursday	NO SCHOOL 	HOT LUNCH: Chicken Quesadillas Fresh Salsa & Sour Cream Red Beans & Rice Fruit Option: Grilled Cheese on WG Bread
Friday	NO SCHOOL	HOT LUNCH: Mexican Chop Suey with Elbow Macaroni Yeast rolls Peas & Carrots Echo Farm Pudding Fruit  Option: Turkey & Cheese on WG Bread

12:30 Dismissal

Message from the P.T.O.

Thank You!

Thank you to Leigh Prince and the PTO members for creating this year's Directory.

Don't have one? Contact the office or Leigh to see if there are available copies.

