




SERVING THE LYME COMMUNITY FOR OVER 100 YEARS

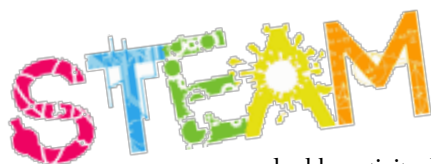
THE LYME SCHOOL

# Newsletter

## Major Moves in Science

Expanding the experiences our students have while examining science has been a priority for our school. We have worked with Montshire Museum, local farms, and local experts in science. Last year Mrs. Shipman established Forest Fridays in 3rd grade which was a tremendous success. This year, in addition to Forest Fridays, Trish is coordinating an effort with  Four Winds Nature Institute utilizing volunteers who are trained in the Four Winds Curriculum to introduce inquiry based science activities in k- 4. This effort coincides with our effort to involve parents as volunteers in our school. Deb Robinson, Niles Donegan, Georgina Voegelé, Heather Toulmin, and Sarah Crockett, have all made the effort to be our volunteer instructors and would love others to join them. If you have interest and time please contact Trish Shipman at [TShipman@Lymeschool.org](mailto:TShipman@Lymeschool.org).

This past summer Steven Dayno and Skip Pendleton attended a Wellborn Institute workshop on Inquiry Based Science out of which they are initiating a program in which 4th and 6th graders work together out on the Grant Brook trail collecting data on the stream, its surroundings and the weather. This weather data is shared with a network of other stations so we can make comparisons between them. Once a month the classes combine to spend the afternoon outside on the trail using equipment we hope to purchase with money from local grants. Throughout the month this data, in addition to data from our weather station, will be used to build an understanding of weather and our environment. Each day the fourth and sixth grade reports via our overhead speakers the day's weather collected from the weather station.



The Middle School Science program will also shift its science fair to become a S.T.E.A.M fair during double activity led by Emily Girdwood (our Art Teacher), Skip Pendleton (our MS Science Teacher) and Meg Franks (our Technology Teacher). S.T.E.A.M stands for Science -Technology -Engineering- Art -Mathematics. We are very excited for this evolution and the innovation and inquiry which will result.

## Getting Past "...good."

*Contributed By: Helen Skelly*

How many times have you heard "fine" in response to "How was school today?" If you would like to have a more meaningful conversation with your child, you might want to consider some of the following questions, taken from the Home & School Connection:

What was the coolest thing that happened to day? What wasn't so cool?

Pretend you are your teacher. How would you describe the day?

What made you laugh?

What was the most creative thing you did?

How were you kind or helpful? Was anyone kind or helpful to you?

I hope everyone has had an exciting and positive start to the school year. I am here Tuesday - Friday for both students and parents. If you have a question or concern, please don't hesitate to call.



## Artist-In-Residence 2016

Brent and Maya McCoy will be bringing our YES! Theater Residency Program to your children from **Oct 31-November 4**. The curriculum integrates circus skills, story creation, team-building, and theatrics for students grades K-8. The Artist -in-Residence program will culminate with a hilarious and amazing student showcase that will take place on **Friday, November 4, during the final hour of the school day**, and YOU are warmly invited! If you can't make the show, but would like to drop in on a class, feel free. We'd love to meet you. Also, if you'd like to read more about what they do, check out [YESTheater.com](http://YESTheater.com).

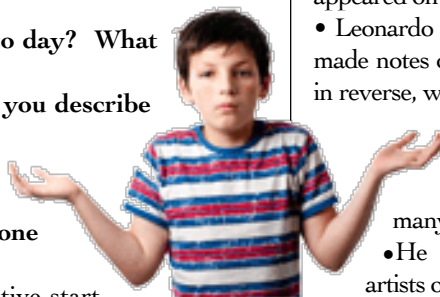
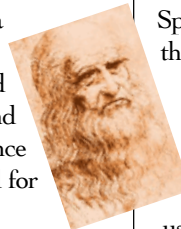


Speaking of STEAM—the embodiment of this idea is my main man himself ...

### Leonardo Da Vinci

Here are some internet facts about him:

- Leonardo was raised by his single father.
- Leonardo was one of the first Italians to use oil paint.
- He was left-handed
- Two of his works, the Mona Lisa and The Last Supper, are the most famous, most reproduced and most parodied portrait and religious painting of all time.
- Leonardo drew the plans for the first armored car in 1485!
- He invented the bicycle 300 years before it appeared on the road.
- Leonardo da Vinci had dyslexia. When he made notes on his inventions it was all written in reverse, which made it hard for others to dig through his notes and steal his ideas.
- Leonardo is considered by many as the father of modern science.
- He was one of the most acclaimed artists of the Renaissance.
- He was also a sculptor, designer of costumes, mathematician and botanist.





Did you know there is a whole committee of parents and staff looking out for the well-being of your child? The Wellness Committee looks for ways we can enhance and improve school practices that will keep our kids happy, healthy and ready to learn - from nutrition to exercise to meditation time.

Check out this space in future Newsletters for more information or Heidi Lange ([lange.heidik@gmail.com](mailto:lange.heidik@gmail.com)) if you'd like to get involved.



**locally sourced food  
on this month's menu**

Lyme Farm Fresh (Tensen Farm) Lyme, NH.-Beef & Sweet Corn  
Lyme Sugar Houses, & Sugarman Farms, VT- Maple Syrup  
Cedar Circle Farm, East Thetford, VT -Assorted Root Veg.  
Bunten Farm, Orford, NH - Pumpkins  
Misty Knoll Farm, New Haven, VT. - Chicken and Turkey  
Black River Meats, North Springfield, VT - Pork  
Sunrise Orchards, Cornwall, VT - Macintosh Apples:  
Ocean Spray Farm Cooperative, Middleboro, Mass - Cranberries  
The proteins are hormone free, antibiotic free, and humanely raised (Free-Range for the most part)




### CALENDAR OF EVENTS

September 13 Primaries 

September 14  
Gr. 5 Parent Night - 5:30-6:30

September 20 Chess Club 3pm-4pm (see Flyer)

September 20 K-4 Parent Night - 5 p.m. 

September 26  
Gr. 8 to Hulbert Outdoor Center

September 29 Four Winds Partnership Information Information Session Program Director, Lisa Purcell @ 2:30

September 30 Picture Day  
Check for the Student Picture Form in your child's backpack/belongings.  
(It's in there somewhere)

Saturday, October 1 Day of Service   
(more information to follow)

**Menu**

Week of 8/31 to 9/2 • Week of 9/6 to 9/9

Al a carte Fruit and Milk are available everyday



|                  |  |  |
|------------------|--|--|
| <b>Monday</b>    | <b>HOT LUNCH:</b><br>Cranberry Chicken Salad<br>Wrap<br>Roasted Fingerlings<br>Creamed Spinach<br>Salad Bar<br>Clementines<br><br>Option: Grilled Cheese | <b>HOT LUNCH:</b><br>Local Beef Bolognese with<br>Tortellini<br>WG Dinner Roll<br>Sweet Corn<br>Fresh Melon Medley<br><br>Option: BYO Salad              |
| <b>Tuesday</b>   | <b>HOT LUNCH:</b><br>Local Beef Lasagna<br>Casserole<br>WG Roll<br>Beets<br>Mixed Fruit Cocktail<br>Juice<br><br>Option: BYO Salad                       | <b>HOT LUNCH:</b><br>Sweet & Sour Pork Loin<br>Cauliflower au Gratin<br>Brown Rice with Toasted Orzo<br>Grilled Pineapple<br><br>Option: BYO Salad       |
| <b>Wednesday</b> | <b>HOT LUNCH:</b><br>Cheese or Chef's Choice<br>Pizza<br>Steamed Mixed Veg.<br>Salad Bar<br>Mandarin Oranges<br><br>Sandwich Option:<br>Ham/Cheese       | <b>HOT LUNCH:</b><br>New England Baked Fish<br>Sandwich on WG Bun<br>Oven Fries<br>Maple Baby Carrots<br>Salad Bar<br><br>Sandwich Option:<br>Tuna Salad |
| <b>Thursday</b>  | <b>HOT LUNCH:</b><br>Turkey & Cheddar Burritos<br>Black Beans & Brown Rice<br>Local Sweet Corn on Cob<br>Fresh Local Apples<br><br>Option: BYO Salad     | <b>HOT LUNCH:</b><br>Chicken & Broccoli Alfredo<br>WG Penne Pasta<br>Garlic Bread<br>Roasted Spaghetti Squash<br><br>Option: BYO Salad                   |
| <b>Friday</b>    | <b>HOT LUNCH:</b><br>Baked Chicken Fritters<br>Oven Fries<br>Peas & Carrots<br>Bartlett Pears<br><br>Option: Tuna Salad on WG<br>Bread                   | <b>HOT LUNCH:</b><br>Cheese Pizza or Chef's Choice<br>Salad Bar<br>Sweet Peas<br>Sliced Peaches<br><br>Option: Egg Salad on WG Bread                     |

Message from the P.T.O.

### ARTIST IN RESIDENCE

## Yes! Theater

Physical Comedy Arts Residency  
October 31 -November 4



See attached Flyer

